

Testimonials



Anna Delheimer (Mentee)

“Having an AREMA Mentor gave me the chance to bounce my ideas and hopes off someone who has experience in the industry. It helped me consider different avenues of the industry that beforehand I had not thought about getting involved in.

Overall, it was a great experience and helped me feel more comfortable stepping into my new career in the railroad industry.”

“Being able to provide guidance to a student interested in the railroad industry and answer questions is refreshing and personally fulfilling.”

Amanda Stahlnecker (Mentor)

What is AREMA?

AREMA is the international professional association for railway and transit engineering personnel that offers numerous seminars, educational opportunities and produces and publishes the standards and recommended practices for railway engineering infrastructure including track, structures and communications & signals. AREMA is comprised of over 6,400 members all working together to further the AREMA Mission - the development and advancement of both technical and practical knowledge and recommended practices pertaining to the design, construction and maintenance of railway infrastructure.

If you have any questions or would like more information, visit www.arema.org or contact AREMA Mentoring at: mentoring@arema.org.



American Railway Engineering and Maintenance-of-Way Association

AREMA Committee 24:

Student Mentoring Program



Building Relationships for Professional Growth

What is it?

Mentoring is the coaching of AREMA Student Members by railway industry professionals (AREMA Members). These relationships contribute to the professional development of both the Mentor and the Mentee, including building new skills and self-confidence.



Who qualifies?

All AREMA Student Members are welcome, regardless of major, to become mentees. All AREMA Members are eligible to become mentors. Not an AREMA member? Join today at www.arema.org.

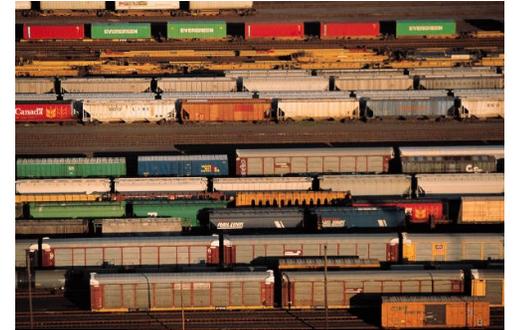
What are the benefits?

The goal of the AREMA Mentoring Program is to give students (“Mentees”) an introduction into the challenging and rewarding career opportunities in railway industry and gain an understanding in:

- Railway industry in general: what it is, what it does and how it is structured.
- Importance of rail transportation to a healthy, environmentally sustainable, and energy efficient economy.
- Application of specific fields of study in the railway industry.
- Relative roles of private and public entities within the railway industry.
- Potential employment options and the differences between railroad, government, consultant, supplier and education entities.
- Difference in opportunities between the freight and passenger sectors.

What is the structure?

The official Mentor/Mentee relationship will be formally structured for 3 months with monthly calls. After that time, an informal mentoring relationship may continue as long as both parties agree or a new mentor can be assigned if desired.



How is a mentor chosen?

Mentors are paired with mentees based on information filled out in the program application that identifies interests and other key parameters.